



THE ETM METHOD™

Because *every* student deserves to learn, trust, and thrive - with systems that actually work.

A trauma-aware, system-driven approach to learning that works.

POWERED BY THE LEARN-TRUST-THRIVE MODEL



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The Problem We Can't Keep Ignoring

Too many students in today's classrooms are carrying unspoken trauma — from life, from school, or both.

And yet, they're expected to succeed in a system built on the myth that *"what works for one should work for all."*

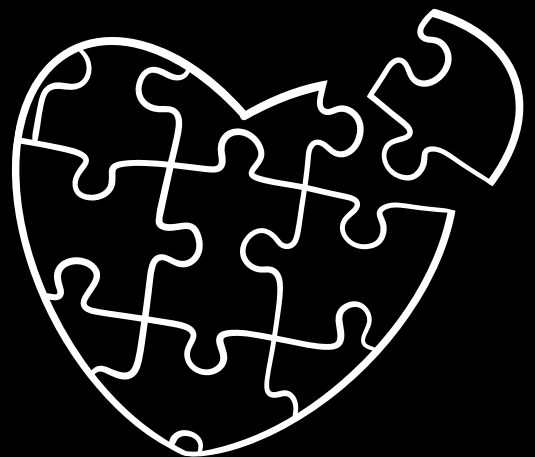
But trauma doesn't follow directions!

It doesn't memorize facts.

And it doesn't thrive in systems that mistake silence for success.

When we meet students where they are and rebuild their confidence first, everything changes.

Not just for them — but for the entire classroom.



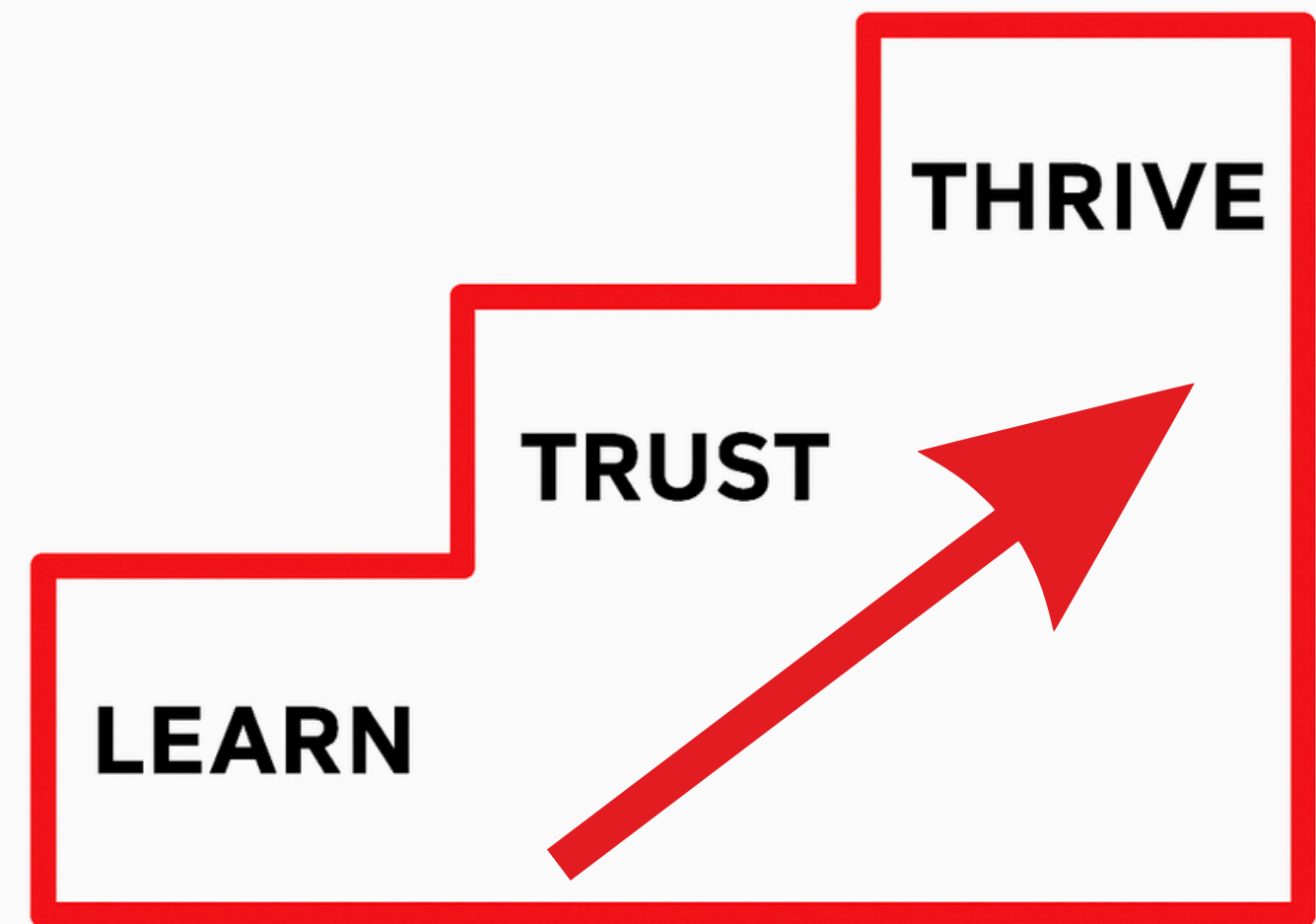
The Classroom Every Student Deserves

Imagine a learning environment where students don't just show up - they **believe** they belong!

- Where trust is built before content is delivered.
- Where growth isn't measured by test scores alone.
- Where confidence, clarity, and resilience are key indicators of success.

This is what the **ETM Method™** makes possible - through the practice of Learn-Trust-Thrive.

A trauma-aware, system-supported approach that works for real learners in the real world.



The ETM Method™ in Action:

Framework + Pillars



Learn

Build structure, model behavior, and meet students where they are .

- Clear routines & expectations
- Learning contracts to establish goals
- Diagnostic check-ins (academic & emotional)
- Scaffolding to reduce overwhelm
- Visual anchors like cue charts & anchor posters



Trust

Create connection before corrections.

- Confidence logs to track wins
- Daily check-ins or shout-outs
- Personalized feedback that reinforces growth
- Classroom circles & partner accountability
- Safe, consistent consequences rooted in care



Thrive

Empower independence, resilience, and deeper learning.

- Student-led projects & goal setting
- Peer teaching opportunities
- Real-world application (PBL, simulations, authentic tasks)
- Flexible supports with rising responsibility
- Reflection & celebration systems
- Public showcases of learning

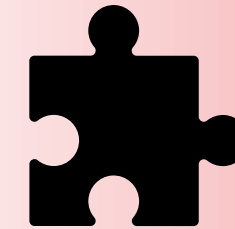
When we give students what they need to learn and grow, they don't just survive the school day - they thrive beyond it.

From Framework to Reality: Bringing the ETM Model™ to Your School

- Schools don't need to overhaul everything overnight.
- Start small, stay consistent - watch student engagement SOAR.
- Begin with a staff training to pilot ETM practices in one grade level.
- Use diagnostic tools to assess trust and confidence.
- Redesign routines with learner-centered cues



Connect with **Dr. Sherri Rochel**



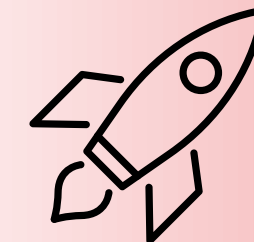
Assess your environment



Introduce **LEARN** strategies



Build **TRUST** frameworks



Celebrate **THRIVE** outcomes

Thank You!

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